

**Invitation to the Annual
West Shore YMCA Summer *Cuda Classic* Invitational
Sunday, June 28, 2009
at the Cumberland Valley High School Natatorium
Mechanicsburg, PA**

Purpose: To provide a fun summer meet with **modified age groups** and **co-ed relays**. This meet is also an early chance for swimmers to establish **meter times** in various summer events.

**Sunday, June 28, 2009
8:10 am start time**

Facilities: The **Cumberland Valley High School Natatorium** has an eight (8) lane 40 meter pool divided by a bulkhead at 25 meters with warm-up/warm-down area opposite competition pool. A fully automatic Colorado 6 timing system with display board will be used. We will be using Hy-Tek meet management software. Adequate deck space is available for all swimmers. Spectator seating for 350 is available in gallery area above pool. Photos of the pool may be found on our web site.

Entries: This meet is open to all swimmers that are registered members with the clubs/YMCAs invited. **Age groups will be modified as follows: 7 & under, 8 - 9, 10 - 11, 12 - 13, 14 - 15, and 16 & over.** Age as of June 1, 2009. Each swimmer may swim a maximum of four (4) individual events and two (2) relays. **All relays are co-ed.** Relays may consist of 2 males and 2 females, 1 male and 3 females, or 1 female and 3 males. Entries should be submitted on disk using the Hy-Tek Team Manager software. The file containing the events for this meet may be downloaded from our web site www.wsyswim.org. If you do not have access to the Hy-Tek software, please use the attached entry forms. Be sure to indicate if your entry times are in yards (Y) or meters (M). Entries, for which a swimmer has no time, must be entered with a NT in the space provided for the entry time. The number of entries for this meet will be limited to **300 athletes!!!** Entries may be faxed or e-mailed. Hard copy and payment must follow within three (3) days. Entries that

are e-mailed MUST use Team Manager/commlink or USA Swimming (SDIF).

Closing Date: Entries must be received no later than **Monday, June 22, 2009**. Entries will be taken on a first come-first serve basis to keep within a reasonable time line.

Entry Fees: \$4.00 per individual event/\$12.00 per relay. (**NOTE: If you will NOT be entering using the Hy-Tek software, the entry fee is \$5.00 per individual event/\$13.00 per relay.**) Please send one (1) check for the total amount of your team entry. Make all checks payable to **West Shore YMCA**. Entry packets and payment should be sent to:

WSY Swimming
C/o Michael Gobrecht
410 Fallowfield Road
Camp Hill, PA 17011-4900
FAX (717) 728-3561
E-Mail: Mike@wsyswim.org
Phone: (717) 514-2287

Meet Programs: Programs will be available for \$4.00. Admission is \$2 per adult. Children and school aged persons (17 and under) are free

Meet Rules: The WSY Summer Cuda Classic Swimming Invitational is governed by the **2008-2009 USA swimming Technical Rules**. All events will be timed finals. There will be a coaches/team representative meeting 15 minutes prior to the beginning of the meet. It is the coach's responsibility to get their swimmers to the seeding area.



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Meet Time Line:

7:00-7:55am Pool Open for Warm-up. Exact times and lane assignments may be found on our web site prior to the meet.

www.wsyswim.org

8:10am Meet Begins

Safety Notice – There will be **NO DIVING** from the shallow end (non-block end) at any time during warm-ups or during the meet. There will be **NO DIVING** from the starting blocks and no backstroke starts during the warm-up session, with this exception: Limited diving and backstroke starts from the starting blocks in sprint lanes will be permitted, BUT only when announced. These rules follow National YMCA Warm-Up Safety procedures. Any swimmer found swimming under the bulkhead will be withdrawn from the meet.

Timers – Each team is requested to supply the name of one (1) timer. Thank you in advance for your help.

Awards:

- **Medals:** 1st –3rd place in each event
- **Custom Ribbons:** 4th–12th place in each event
- **Team Trophy** will be awarded to the team with most total points – including relays.
- **Individual High Point Trophies** will be awarded to the male and female in each age group that score the most individual points (age groups: 7 & under, 8-9, 10-11, 12-13, 14-15, 16 & over).

*The 14 & over categories will be scored separately with awards given in 2 categories: 14-15 and 16 & over.

**Relay points will count towards the team trophy, but will not count towards individual high point awards.

Concession Area/Swim Shop – We will have a large concession area with an assortment of breakfast and lunch items available during the entire meet.

Meet Announcements - All pre-meet announcements including warm-up times/lanes, teams participating, meet psych sheets, and other pre-meet information may be found on our web site. www.wsyswim.org. All results and coach's download files will be posted on our web site immediately following the meet. **We will NOT mail printed results.**

Notes about meet venue – This meet will be held at the Cumberland Valley High School Natatorium. There are a few rules that all coaches, swimmers, and parents need to be aware:

- There is no food or drink permitted on the pool deck. Exceptions are made for water and sport drink for the swimmers. This rule will be enforced by school security.
- No parents will be permitted in the locker rooms or on the pool deck. This will be monitored by school district security. WSY will provide parent "greeters" to take any children through the locker rooms that may not have coaches
- The spectator gallery is on the second level. All parents will watch the meet from the spectator gallery.
- We will NOT be using a gymnasium for this meet. There is deck space for 300 athletes.
- Deck access will be controlled. Other than swimmers, only volunteers, coaches, and officials will be permitted on the pool deck. This will be controlled with deck passes.

Invitation to the Annual West Shore YMCA Summer *Cuda Classic* Invitational Sunday, June 28, 2009 *Listing of Events*

Girls Event #	<u>Event</u>	Boys Event #	
1	7 & under co-ed	100 Free Relay	1
2	8 -9 co-ed	200 Free Relay	2
3	10-11 co-ed	200 Free Relay	3
4	12 -13 co-ed	200 Free Relay	4
5	14-15 co-ed	200 Free Relay	5
6	16 & over co-ed	200 Free Relay	6
7	7 & under	100 IM	8
9	8-9	100 IM	10
11	10-11	100 IM	12
13	12-13	100 IM	14
15	14 & over	200 IM	16
17	7 & under	25 Free	18
19	8-9	50 Free	20
21	10-11	50 Free	22
23	12-13	50 Free	24
25	14 & over	50 Free	26
27	7 & under	25 Back	28
29	8-9	50 Back	30
31	10-11	50 Back	32
33	12-13	50 Back	34
35	14 & over	100 Back	36
37	7 & under	50 Free	38
39	8-9	100 Free	40
41	10-11	100 Free	42
43	12-13	100 Free	44
45	14 & over	100 Free	46
47	7 & under	25 Breaststroke	48
49	8-9	50 Breaststroke	50
51	10-11	50 Breaststroke	52
53	12-13	50 Breaststroke	54
55	14 & over	100 Breaststroke	56
57	7 & under	25 Fly	58
59	8-9	50 Fly	60
61	10-11	50 Fly	62
63	12-13	50 Fly	64
65	14 & over	100 Fly	66
67	7 & under co-ed	100 Medley Relay	67
68	8-9 co-ed	200 Medley Relay	68
69	10-11 co-ed	200 Medley Relay	69
70	12-13 co-ed	200 Medley Relay	70
71	14-15 co-ed	200 Medley Relay	71
72	16 & over co-ed	200 Medley Relay	72

**14 & over events will be scored separately for 14-15 and 16 & over age groups*

Time Trials (if requested) will be run while meets results are being tabulated:

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Entry Check List
To be submitted with your entry

Team Information:

Team Name: _____

Coach: _____

Entry Contact Person: _____

Contact Person Phone: _____

Contact Person e-mail: _____

Coach e-mail: _____

Name of one (1) timer: _____

Number of Swimmers attending: _____

Number of Individual events: _____ X \$4.00 _____

Number of Relays: _____ X \$12.00 _____

NOTE: If NOT entering on disk, please multiply total number of events entered by \$5.00/relays \$13.00



Total of your check: _____

Make all checks payable to West Shore YMCA